EDITORIAL

Well, I can hardly believe that this is my third magazine as Editor!

This means that I have now completed one entire revolution of the Tangent year, or a third of my time in this office. The time has flown, it has been both challenging and rewarding. I have very much enjoyed receiving all your pieces for the magazine and website and meeting you at the various Lunches and events that I have attended.

I hope that you are enjoying the slightly new look and content. Don’t forget, the magazine is for you the members. It is nothing without your contributions and feedback, so send me your articles and pieces of interest. Tangent members are interested to learn what other clubs or individuals have been up to, whether it be charity, fundraising or social events. It all makes for variety and may encourage others to join in and do something similar.

Please have a look at Coffee Corner on page 13 and send me your entries for the microFICTION competition. The closing date is 16th April, and entries will be judged by members attending the conference in Jersey.

I look forward to seeing many of you there. If you see me around, please come and have a chat!

Sue
Dai’s Diary
Here are just a couple of extracts from Dai’s diary, the plucky little black car that is accompanied by National President Jan as he travels around the country.

Go to www.tangent-club.org and read about the rest of his adventures!

Thursday 10/11 – just got back on the road after an overnight stop and the traffic is at a standstill before we even get near to the M4 so off we go across country. Unfortunately hear on the radio that 329 is moving slowly so divert again only to be met with road closed signs. About turn but follow some local traffic which pays off as we get back on to our route without too much of a detour but time is going to be a bit tight. Fortunately arrive down in Southsea in time for coffee. I have a reserved prime parking spot right in front of the Hotel with sea views – fantastic! Lots of ladies arrive to celebrate Portsmouth and Southsea’s 50th birthday – wow what an achievement. Quick dash back to Marlow, fortunately the evening traffic wasn’t too bad and we made it in time to enjoy a lovely relaxing evening at Tangent’s pot lunch.

Friday 11/11 – Off to the seaside again but heading for the south east coast this time at Southend. I visited here in July so soon recognise the area. We make very good time this morning and are first to arrive for the Exec. meeting. A long meeting but finish just in time for our lovely hostess, Jackie, to navigate us back to her home where I can have a rest whilst the two of them go off to enjoy the evening together.

Saturday 12/11 – Early start this morning with Jackie navigating us around Southend to pick up some of the other Tangent ladies. Drop hat boxes, suit bags and everything off at the hotel then back to the car park for the day. They are all very excited about the lunch today and I hear that some television stars are due too. They must be famous as soon lots more cars are arriving from all over the south east with dressed up ladies equally excited.

Sunday 13/11 – An early start after another overnight stay in the area. We follow June Boden’s little blue car into the centre of London which is a new experience for me but fortunately, on a Sunday, the roads are fairly quiet. We both get parked up whilst they disappear in a big black car with their circle of red flowers. Lots of the roads are already closed off and there are crowds gathering so it is something special. They eventually arrive back on the bus without the flowers which apparently got left behind at the Cenotaph. Nobody seems upset about it so perhaps that was the plan?

Follow my little blue friend a little way out of town then we split off on to the north circular road – another new experience. Arrive back in Marlow ready for a rest.

My Other Hat!

Like most Tangent members, I wear quite a few other hats but without a doubt, one of my favourites is my riding hat. I have dabbled in a few different disciplines growing up through the Pony Club and graduating to West Lancs. Riding Club but when I moved to Yorkshire, a Haworth Ladies Circle introduced me to Endurance Riding.

Her husband and daughters kindly looked after me on my first ride, which was across the moors between Keighley and Halifax. After successfully completing the 25 mile course we were hooked! We joined Endurance GB and spent many Sundays between March and October travelling around the north of England to compete.

Each year the month of March is dedicated as “Ovarian Cancer Awareness month” so here in Nidderdale we are very busy preparing our “Olympic Ball” to make an Olympian effort to raise the awareness of this disease and funds for Ovarian Cancer Action. Family and friends are welcome too if you wish to make up a party to add to the fun. Tables are for 10 and we are very happy to make up “Ladies only” tables if requested. A warm welcome awaits you in Harrogate which is especially lovely in the spring.

Olympic Charity Ball
Saturday 24 March 2012
All proceeds to Ovarian Cancer Action
Tangent National President’s charity for 2011/12
The Cedar Court Hotel, Harrogate HG1 5AH
Reception 7.00pm
Dinner 8.00pm

Dancing until late with ‘The Shrinking Violets’
Dress Code: Black Tie and ‘Olympic’ Colours

Tickets £37.50
Ticket applications 01943 880634 or email president@tangent-clubs.org

President’s Diary Dates - 2012

| SAT 3 | Irish Regional Lunch |
| Wed 7 | Canterbury TC |
| Sun 11 | Volkingham 41 Club Ladies Night |
| Sun 11 | Southampton LVI TC 60th Anniversary |
| Sun 11 | Lancaster TC 40th Anniversary |
| Wed 14 | Kingbridge 40th Anniversary |
| Sat 24 | "President’s Ball, Harrogate" |
| Sat 31 | Yorkshire Moors TC Lunch |

**MAR**

**APR**

**May**

**JUNE**

**JULY**

**AUG**

**SEP**

**OCT**

**NOV**

**DEC**

**Tues 31**

**Fri 1**

**Sat 1**

**Fri 6**

**Fri 7**

**Sat 10**

**Wed 12**

**Sat 22**

**Sat 29**

**Fri 5**

**Sat 6**

**Thurs 11**

**Wed 3**

**Sat 6**

**Fri 9**

**Sat 10**

**Sun 11**

**Sat 17**

**Wed 12**

**Fri 6 - Sun 8**

**Bishops Stanord 40th Charter Lunch**

**Travel to Scotland**

**Scottish Lunchathon - Alvingoe & Beardsen TC**

**Rochdale TC 50th Charter Lunch**

**Wed 3**

**Sat 6**

**Fri 9**

**Mon 5**

**Wed 7**

**Fri 9**

**Sat 10**

**Sun 11**

**Sat 17**

**Wed 12**

**41 Club Council 41th Charter**

**Long Eaton Southend Fellowship**

**Wivelis TC 25th Charter**

**Stourbridge & District TC 3rd birthday**

**Exec Meeting**

**South West Regional Lunch - Torquay TC**

**Northwich TC Fellowship Evening**

**Bideford TC 30th Charter Dinner**

**Downing TC**

**Exec Meeting**

**South East Regional Lunch – Eremus 900 TC**

**Remembrance Sunday**

**Annual Tangent Lunch - Stourbridge & District**

**The Lamb London - Christmas Meeting**

"Let Friendship Continue"
REMEMBRANCE DAY AT ALREWAS

Representatives of the Round Table Family, national and local, attended a Service at the National Memorial Arboretum at Alrewas Staffordshire, on Remembrance Sunday, when wreaths were laid at the 41Club Garden and the recently dedicated Tangent Sundial.

As the nearest Tangent Club to the Arboretum, it is a place very close to our hearts, a place of peace and tranquility and reflection.

Following the service, Lichfield Tangent laid on a wonderful lunch, orchestrated by Jean and Mac Cummings, which would still be going on now if people hadn’t got distant homes to go to!

As Chairman, I would like to thank all who attended, as well as the many helpers behind the scenes.

Yours in continued Friendship,
Kate Horton

REMEMBRANCE DAY AT THE CENOTAPH

This year has been full of many special occasions for me and memorable moments too but Sunday 13 November 2011 was something very different – sombre, humbling but uplifting too.

We arrived (National Treasurer, June Boden accompanied me) at Whitehall in lovely early morning sunshine to find barriers already in place and crowds queuing to go through airport type security procedures. We met up with the other members of the Round Table family and made our way to our allocated assembly point “Column M” where we lined up with representatives of other service organisations.

I knew that we would be expected to stand around for a long time so was prepared in winter coat and furry, flat boots which certainly kept me warm and comfy as I stood just soaking up the atmosphere and observing the crowds. We were most fortunate in being positioned opposite a large screen that enabled us to view all the proceedings and feel part of the ceremony.

Eventually it was time to march off on our journey with the crowds clapping us on our way towards the Cenotaph. I felt very proud to be representing Tangent and humbled to be in the company of so many great achievers and those who had served our country so well. As we neared the Cenotaph, at a given signal, it was eyes to the left and we handed over our wreaths to be laid with the others.

Our route continued on passed Big Ben and the Houses of Parliament, then on to RICS, which is a significant building to all surveyors, and around the corner to parade past Prince Charles who was taking the salute. We then lined up in ranks and awaited dismissal.

There was so much to see, absorb and reflect upon. It was an incredible experience and I am so grateful to Tangent for giving me the opportunity to be there.

SOUTH EAST REGIONAL LUNCH

Excitement was high in Southend on Sea on 12th November 2011 when Tangent members gathered at the Palace-Park Inn Hotel for the Strictly Tangent Lunch. We enjoyed a lovely meal before the toast to NATC was given by 41 Club President Vaughan and our own President Jan responded.

We were then treated to a superb dancing demonstration and talk by Mark Foster and Camilla Sacre-Dallerup. They were happy to answer questions and members were not slow in asking them! Members were then invited to take the floor for a quick group lesson.
Regional lunches are an important part of the Tangent social year. Originally members met in London twice a year, but as membership grew events were arranged more locally to encourage wider attendance. Now volunteer clubs arrange events in the Midlands (February), Ireland (March), Wales (May), North (June), Scotland (September), South West (October) and we finish off the year in the South East in November. The lunches are a chance to meet up with friends, have good food, interesting speakers and a chance to wear a hat if you wish. But 50% either don’t like wearing hats or their child has not married recently so they don’t have a hat! It really is your choice. The National Secretary is always looking for those volunteer clubs so please contact her if your club would consider hosting, especially in Wales from 2013, Scotland, Ireland or the Midlands from 2014 on secretary@tangent-clubs.org. They are fun to be a part of the planning and lots of support is available.

Past Tangent papers have given a great insight into the earlier lunches. Scotland did not have their own lunches from before 1988 until 1995 when Dundee reinstated the Scottish events providing a 3 course lunch and speaker, an International Speech and Drama Adjudicator, and a glass of wine for £18.50. In 1996 Inverness had a local TV presenter of Beechgrove Garden. According to Google he is still presenting these gardening programmes in 2011. A sherry reception was included for the £20 and the following year Inverness had melon, turkey and meringue nests to eat and the speaker was a Reverend Lady Minister.

The Southern Luncheon covered a vast geographical area when it was hosted by Cheltenham in 1988 when the meal cost £13 and still included that sherry reception. The religious theme of speakers continued with a Cooking Canon in 1990 and in Bournemouth in 1992, with the Rev Lloyd, who spoke about an Adventurous Journey from Cape Town to Cowley. The meals had now gone up to £20 and £22 and included a glass of wine. I am sorry I missed the Abingdon Morris Men in 1994. Probably worth the long drive.

In 1996 the Southern Lunch was split into the South East and South West lunches. The first South East luncheon was hosted by Ascot and they served Melon and Turkey and tickets were £20. Their speaker was an actor, Jonathan Fryer. The following year the ladies gathered at Brands Hatch to listen to the couple singing songs from the shows and popular opera. The South West enjoyed Fred Wedlock, the Oldest Swinger in Town, hosted by Gordano Valley in 1996, eating Smoked Trout Fillet, Supreme of Chicken was a favourite with the Luncheon Committees over the years having it served with sauces

TANGENT NATIONAL REGALIA

If you are involved in organising a Regional Lunch did you know that National have TANGENT NATIONAL REGALIA clubs.

SOUTH WEST REGIONAL LUNCH

The weather on 1st October 2011 was unseasonably warm in Bristol when a large number of Tangent members gathered for the Regional Lunch. The Luncheon Committee chaired by Maureen Gobbett had worked hard to make it a very special day. The speaker was inspirational – Angela Knowles the ‘original’ real Calendar girl, who have raised nearly £4,000,000 for Leukaemia and Lymphoma Research since the famous calendar was produced. Members attending the lunch had the opportunity to buy the latest edition and a cheque was presented to Angela.

WANTED URGENTLY

Host Clubs for Regional Luncbes

Wales May 2013 onwards

Scotland September 2013 onwards also

Midland February 2014 onwards

These are great fun to host as well as attending. More details from National Secretary: Terrie Hewitt, 01948 63143 or secretary@tangent-clubs.org, who is looking forward to hearing from you.
Tangent across the world...

India AGM

The new President for 2011-2012, Aruna Ummat and her new Board

IPP Reeti Roy handing over the collarette to Aruna

Aruna’s pennant with her theme for the year, Cherish Friendship

Market Harborough/Halle Exchange

In the last edition of Tangent News I asked those interested in twinning or exchanges with other Tangent overseas clubs to contact me. I thought I would follow this by sharing my experience of international exchange.

When Ralph and I moved to Market Harborough in 2003 not only did we introduce ourselves to a new Tangent and 41 Club but also became part of their extended Round Table family which included Halle 41 Club in Belgium.

In 2004 saw a very early start for the welcome party as we travelled by coach to London. It didn’t matter if we’d missed breakfast as Elaine had a plentiful supply of goodies, coffee and tea for the journey. Once met, we embarked on a walk and lunch in London with our friends including a visit to The Globe theatre and then the journey home. Elaine didn’t fail us as she had goodies for the return journey.

A quick change and on to an evening of fun and friendship, catching up on the news.

New to this and not home hosting this time we agreed along with others to open our home to members of Harborough and Halle for a Sunday brunch. With a smaller group it was a chance for us to get to know members of Halle a little better. In the evening we all came together for a black tie dinner.

Monday morning came round all too quickly and our farewells were said over a brunch before their return to London to catch the Eurostar.

This friendship between Market Harborough and Halle is rapidly moving towards its 50th year and we have been part of it for a very short time compared to most. Out of this friendship came the chartering of Halle Ladies Circle. How long can it continue? Who knows but in October 2011 during our visit to Halle it was encouraging to see at the evening meal, the newly installed National President of 41 Club Belgium, Halle Ladies Circle Chairman, members of Halle ‘young’ 41 Club, our Round Table family, our future. And let us not forget the volunteers who organise such visits because without them there wouldn’t be a future.

Gill Preston, IPP, membership, IRO 2011-2012

INTERNATIONAL NEWS

Congratulations to Aruna Ummat on becoming Tangent India National President 2011-2012. Tangent India’s next NAGM will be September 21-23 2012 in Coimbatore, South India.

May 4th – 6th 2012 sees the NAGM for Tangent Club Germany in Weiden. This runs alongside Ladies Circle Germany’s NAGM and this year Ladies Circle Germany will be celebrating 40 years. Congratulations to them.

For details go to www.lc66.de

For their NAGM 2012 Tangent Denmark will be joining with 41 Club for a conference weekend. It will be held in Skaelskor 13th – 15th April 2012. For details go to www.agm2012.dk

Tangent Sweden will also have their NAGM in the first half of 2012, the date is AGM 31 May till 3 June 2012. For details go to http://www.rts.org/rt115/

I know you will be more than welcome at any of these events.

Do you have any Tangent News to share? We would love to hear from our overseas affiliated clubs and also news from other Tangent countries.

Gill Preston, IPP, membership, IRO 2011-2012
How I became National Treasurer

I don’t think I can be the only person who can’t resist reading her horoscope only to dismiss it as absolute nonsense. I must say however that my horoscope for April 2010 was rather strange.

What was planned seemed straightforward enough. The usual national conference followed by the international conference two days later in Finland.

Our conference weekend was good as was the Tangent Day Lunch which was followed, as usual, by the AGM.

There were two vacancies on the executive council and although there was a late nomination for Vice President, there were still none for the post of Treasurer.

The executive council on the platform seemed to be getting a bit desperate by this time, saying that they would circulate all clubs once more and if there was still no-one willing to do the job, they would have to get it done professionally.

As a retired accountant, I had been approached several times, but I had a problem with driving and whilst I felt I could handle the job itself, I knew it would be difficult for me to get to the meetings.

So what of my horoscope? It had said “Some unfair situations will force you to break away from the familiar. It will involve exploring ideas that don’t really interest you. Resist the temptation to maintain the status quo and revive your inquisitive side which has been neglected of late. Stop worrying about what’s safe and start seeking promising new pursuits.”

So then came the inevitable urge to get to my feet and walk to the platform and before I knew what was happening I found I had become the national treasurer.

And to add to the departure from the plans we had for that April, we never did get to Finland for the international meeting. That was put paid to by a certain volcanic dust cloud.

June Boden

Tangent Champagne Stopper

When I was a Circler I saw champagne stoppers in the shops and wondered what they were for. My curiosity continued in my early years in Tangent. Champagne was for celebrations so after all why would you and your friends not finish the bottle at a single sitting?

Then we got old enough to go cruising! For some years my husband and Tangent webmaster, David, said we were too young to cruise. Then about 5 years ago he reluctantly joined me for a leisurely cruise round the Baltic Sea. A fabulous trip and we found in our cabin a complimentary bottle of champagne for being new to P &O and another to celebrate my … Big birthday (21 again). With wine to drink at dinner we couldn’t drink a whole bottle of champagne before dinner as well. How to seal the bubbles in for tomorrow night? At the next Tangent Regional Luncheon I bought a Tangent champagne stopper. It was much more useful than I thought. It has joined us on cruises round the Mediterranean to celebrate our Ruby Wedding, the Baltic again to introduce cruising (and the need for the stopper) to friends, this year to the Red Sea another big birthday, and most recently round the UK with Cunard. So if you cruise, or just enjoy champagne, you need the stopper, available on the sales table at Regional Luncheons and by post from the Sales Officer.

Have you found a Sales item particularly useful? Please let the Editor and Sales Officer know.

Terrie

Monifieth Tangent Raise Funds

Monifieth Tangent 675 raised £518.50p for Ovarian Cancer Action, which was also our charity for this year. We had a Bring a Friend Night which, we held in Ashleigh Manor where we hold our monthly meetings, we had a great night meeting up with old friends and everyone appeared to enjoy the picture quiz we had organised for a bit of fun.

Todmorden Tangent 244

Todmorden Tangent Club celebrated their 40th anniversary at No 1 Brook Street, Elland on Saturday 28th January 2012. The Lunch was attended by 53 ladies, including the National President of Tangent Clubs, Jan Dowling and the speaker was Freda Kelsall, a lady of numerous accomplishments from Hebden Bridge. Chairman Irena Brown welcomed everyone and gave a brief insight into how the club was founded. Two of the remaining founder members Mrs Barbara Finney and Mrs Freda Proctor lit the Candle of Friendship along with Irena and Miss Alison Greenwood, whose parents had been founder members of both Todmorden Round Table and Ladies Circle and latterly 41 Club and Tangent members. The whole event was a huge success; it was an excellent lunch and ended with a piece of celebration cake and champagne.
February is British Heart Foundation Heart Month.
For more information visit www.bhf.org.uk

How Your Heart Works

Your heart is a pump that keeps blood moving around your body. It delivers oxygen and nutrients to all parts of your body, and carries away unwanted carbon dioxide and waste products.

Prevention

There’s lots you can do to keep your heart healthy - whatever your age. Taking exercise, eating a healthy diet, encouraging children to be heart healthy and being aware of dangers such as smoking, drinking, high blood pressure and stress.

Why?

Prevention is as relevant to people who already have heart disease as it is for everyone else. In every case it’s all about getting the balance right.

People of all ages who are physically active are less likely to get cardiovascular disease than those that are inactive. And a healthy diet helps to reduce your risk of developing heart disease, or if you’ve already got heart problems it will help to protect your heart.

Symptoms for heart conditions

Disease of the heart and circulation is an umbrella term for several types of conditions including heart attacks, stroke and disturbance to your heart’s rhythm. The symptoms you might experience will vary depending on the type of disease.

Heart attack symptoms

It’s important to remember that the symptoms of a heart attack can vary from one person to another.

Symptoms can range from a severe pain in the centre of the chest, to having mild chest discomfort that makes you feel generally unwell. In some cases, chest pain or discomfort is accompanied by other symptoms.

If you, or anyone around you, experience any of these symptoms, don’t ignore them. Phone 999 for an ambulance immediately. This means that you will get treatment as soon as possible.

The sooner you get treatment, the greater your chances of survival.

Symptoms include:

- central chest pain; a dull pain, ache or ‘heavy’ feeling in your chest; or a mild discomfort in your chest that makes you feel generally unwell. The pain or discomfort may feel like a bad episode of indigestion
- this pain or discomfort may spread to the arms, neck, jaw, back or stomach
- as well as having chest pain or discomfort you can feel light-headed or dizzy and short of breath
- You may also feel nauseous or vomit

Life-saving skills

You can help save lives by making sure you know the signs and what to do.

Heartstart training teaches Emergency Life Support (ELS) skills - the set of actions needed to help keep someone alive until professional help arrives.
As chair of Boston and Fenland Tangent 893 I have had a busy six months with my duties as chair, as well as training for the Great North Run. As I run regularly I thought the Great North Run, which is 13.1 miles half marathon, would be achievable. A colleague who I work with had lost his nephew last year aged 27, and they had set up a memorial in his name with CRY, Cardiac Risk in the Young. I entered with CRY to run in his memory and raise awareness of heart problems for the young.

I started my training eight weeks prior to the event, with two weeks left I had built up to 11 miles in two hours, so the half marathon seemed now achievable.

On the day I was up early feeling nervous, but by the start of the race I was ready to go, what I didn’t anticipate was that what were described as inclines turned out to be hills, and as I live in the fens the opportunity to hill train didn’t arise. Clouding over then rain, a bit of everything. The crowds along the run kept everyone going with their support, although it was harder than anticipated.

I crossed the finish line in 2:46, my ideal time would have been 2:30 but for a first attempt I was pleased; there is always next year. I raised in excess of £1000 for CRY, with thanks going to members of Tangent who sponsored me.

Karen

The F Word.

Twas a night in November with everywhere dark
We held our own Flog It just for a lark
The lots were quite varied with plenty to sell
Some new and some old with a story to tell

We thought we might struggle to get quite enough
But finding the space for it all was so tough
The items kept coming along thick and fast
Until several tables were full at last long

Our auctioneer Sue had her work cut out
But she got the best price, of that there’s no doubt
A homemade cake was the first thing she sold
Followed by jewellery, some of it gold
Candles and china, a suitcase in red
A murder game where someone ends up dead
Some chutney and jams that someone had made

Leamington Spa and District Tangent Club celebrated their 40th anniversary in November. To mark the occasion, they held a special luncheon, which was enjoyed by 61 members, including several past chairman. Members displayed their creative talents with beautiful flower arrangements and table favours.
JERSEY AGM

41 Club and Tangent hold their Annual General Meetings and Conference together each year. In 2012 we are all in the beautiful island of Jersey from 26th – 29th April.

The Hotel de France, host venue for the 41 Club Conference in April 2012, has been family owned for the past 40 years. The Hotel has developed a reputation for genuine warmth and professionalism with a dedication to service excellence combined with a wealth of meeting and leisure facilities.

The Hotel offers 284 individually styled guest rooms ranging from well appointed doubles and twins to master, junior suites and balcony rooms.

For our Jersey 2012 Conference we have a total capacity of 580 delegates virtually dedicating the whole hotel to our 41 Club and Tangent National Conference.

The festivities kick off on the Thursday evening with a Vin d’Honneur reception and International Banner Exchange. During the day on Friday Tangent and 41 Club members can take part in a Golf Tournament with Lunch or go on one of three coach tours: Tour of Jersey Highlights, visit to Durrell Wildlife or visit to Jersey War Tunnels. The Friday evening is one of the highlights of the conference – the President’s Banquet and Ball, a chance to dress up and dance the night away!

The Tangent Day Lunch will be held on Saturday 28th April 2012 at the Hotel de France prior to the NAGM. The cost is £29.50 for a two course lunch with vegetarian options and a glass of wine. To download a booking form go to www.tangent-clubs.org and find all the conference details.

Saturday evening sees the “Allo! Jersey” Final Night Party in (optional) Fancy Dress. Great entertainment and music has been promised and it is traditionally the evening when everyone lets their hair down and parties like there is no tomorrow!

Unfortunately “tomorrow” in the shape of Sunday morning will come all too soon when friends old and new will be saying goodbye and parting until Conference 2013.

Why not combine the Conference with a Spring holiday and some early sunshine and stay on for a few days?

CANDIDATE FOR NATIONAL VICE PRESIDENT, KAREN DURIE

I spent my whole working life at Commercial Union and its successor companies in many different roles ending as a Pensions Specialist in March 2004, when I took early retirement. Since then I have run a small scale dressmaking business but had less time to devote to it when I took up the post of National Sales & Regalia Officer for Tangent in 2008 and now only take on work for personal friends.

I joined Wokingham Tangent in 2002, having never been in Ladies Circle, and served on the committee as Minutes Secretary, Social Secretary, Speaker Finder and Chairman at various times until 2008 and then became National Sales & Regalia Officer from 2008-11.

After a year to get my breath back I am looking forward to standing as Vice President in 2012 and helping Tangent to maintain its membership into the future.
EXETER TANGENT 421

CHRISTMAS CRAFTS EVENING

On Tuesday 20th December Exeter Tangent decided to have a fun themed Christmas Craft Competition and a Secret Santa to be held in our Chair Tricia’s home. We each brought along a plate of savoury or mince pies and Tricia supplied the mulled wine. The competition was based on who could make the best Christmas crafts i.e. Christmas card, centre piece for Christmas day, Advent calendar etc. There were many lovingly made entries. The ladies that didn’t enter the competition were the judges. It was a fun evening and started off the Christmas festivities.

The winners were Ilona Jeffery with her hand sewn Christmas Tree and Margaret Mapledorum with her Santa Centre Piece.

POTTERS BAR TANGENT 105

A cheque for £3,500.00 was presented to Dr Susanne Sorensen from The Alzheimer’s Society by the outgoing joint Chairmen of Potters Bar Tangent Club Gill Connell and Jenny Dennis in March 2011. The money was raised by holding a number of fun charitable evenings, including a quiz night, an Ascot theme evening and a bangers & mash evening, together with a summer charity lunch.

We also ran the raffle at a Police club function and made charitable donations in lieu of Christmas cards.

This was all achieved with the help of a core group of Tangent members, with everybody else helping as and when they could, not forgetting the valuable support of 41ers. None of these events needed a huge number of people to organise them and we all had great fun.

The photo shows our joint Chairmen 2010-11 Gill Connell and Jenny Dennis presenting the cheque to Dr Susanne Sorensen from the Alzheimer’s Society.

CLACTON ON SEA TANGENT 558

Members of Clacton on sea Tangent Cub no 558 recently sponsored one of their members in three fundraising challenges to raise funds for the Walk the Walk breast cancer charity.

Walk the Walk is a charity which invests funds both into research into breast cancer, for our future health and also into services to support those who have breast cancer now. It raises funds by organising day-time and night-time walking events where the participants wear decorated bras.

Carol Lewis has completed three challenges in 2011 for the charity. The London Moonwalk 26.2 mile night-time walk in May, the Edinburgh Moonwalk 26.2 mile night-time walk in June, she was joined by Tracey Forsyth a member of Clacton Ladies Circle for these walks, and the London Sunwalk a 13.1 day time walk in July. A total of £476.52 was raised over the events, which included the sum raised by her Tangent group. Carol is already planning her 2012 challenges.

The photo is of the bra Carol wore in Edinburgh and of her medals.

ALTRINCHAM & RINGWAY TANGENT 237

40TH ANNIVERSARY

Altrincham and Ringway Tangent Club celebrated its 40th Charter Anniversary on October 12th 2011 with a Dinner and we were delighted that the National President Jan Dowling was able to be with us. Jan and our Chairman Vanessa Long, who was the founder Chairman at the origin of the Club, cut the Anniversary Cake. The beautiful cake was made by one of the members, Jacqui Baguley and the lovely floral arrangements by another talented member, Kath Salton.

Over one hundred past Chairmen, guests and visitors were there to celebrate the event, some of whom had travelled the length of the country to join us on this very special occasion. 40 candles were arranged and lit by all the Past Chairmen present, and for those who were absent or no longer with us, a candle was lit in their memory. National President Jan and our Chairman Vanessa were the first to light their candles and soon the room was lit by a gentle flickering glow from all the others.

Later we were entertained by a talented group, “La Dolce Vita”, who presented a beautifully dressed display of “Inspirational Women Through the Ages” - from Queen Elizabeth I to Margaret Thatcher and Kylie Minogue!

This was followed by the presentation of the 40th Anniversary Jewel from Altrincham and Ringway 41 Club. The Immediate Past Chairman John Carpenter braved the room full of Ladies to do us the honour, we gave him a warm welcome and much applause.

The evening ended with grateful thanks to all the members of the special organising committee who had spent many months of devoted work to make the evening such a success. We will look back on that night with very fond memories.

Eunice Harrison

EXETER TANGENT 421

CHRISTMAS CRAFTS EVENING

When Exeter Tangent decided to have a fun themed Christmas Craft Competition and a Secret Santa to be held in our Chair Tricia’s home. We each brought along a plate of savoury or mince pies and Tricia supplied the mulled wine. The competition was based on who could make the best Christmas crafts i.e. Christmas card, centre piece for Christmas day, Advent calendar etc. There were many lovingly made entries. The ladies that didn’t enter the competition were the judges. It was a fun evening and started off the Christmas festivities.

The winners were Ilona Jeffery with her hand sewn Christmas Tree and Margaret Mapledorum with her Santa Centre Piece.

POTTERS BAR TANGENT 105

A cheque for £3,500.00 was presented to Dr Susanne Sorensen from The Alzheimer’s Society by the outgoing joint Chairmen of Potters Bar Tangent Club Gill Connell and Jenny Dennis in March 2011. The money was raised by holding a number of fun charitable evenings, including a quiz night, an Ascot theme evening and a bangers & mash evening, together with a summer charity lunch.

We also ran the raffle at a Police club function and made charitable donations in lieu of Christmas cards.

This was all achieved with the help of a core group of Tangent members, with everybody else helping as and when they could, not forgetting the valuable support of 41ers. None of these events needed a huge number of people to organise them and we all had great fun.

The photo shows our joint Chairmen 2010-11 Gill Connell and Jenny Dennis presenting the cheque to Dr Susanne Sorensen from the Alzheimer’s Society.

CLACTON ON SEA TANGENT 558

Members of Clacton on sea Tangent Cub no 558 recently sponsored one of their members in three fundraising challenges to raise funds for the Walk the Walk breast cancer charity.

Walk the Walk is a charity which invests funds both into research into breast cancer, for our future health and also into services to support those who have breast cancer now. It raises funds by organising day-time and night-time walking events where the participants wear decorated bras.

Carol Lewis has completed three challenges in 2011 for the charity. The London Moonwalk 26.2 mile night-time walk in May, the Edinburgh Moonwalk 26.2 mile night-time walk in June, she was joined by Tracey Forsyth a member of Clacton Ladies Circle for these walks, and the London Sunwalk a 13.1 day time walk in July. A total of £476.52 was raised over the events, which included the sum raised by her Tangent group. Carol is already planning her 2012 challenges.

The photo is of the bra Carol wore in Edinburgh and of her medals.

Do you need a speaker or have you had a really good speaker at your club?

To find details of speakers or to share this information with other Tangent members go to our website www.tangent-clubs.org
WHY I CHOSE TO BE A CHARWOMAN

After a brief period of not working I spent a lot of time cleaning my own home. It wasn't just clean but re-decorated and spotless. Apart from time spent at the gym I just kept cleaning and tidying. Then one day I had an idea. If I like cleaning that much why don’t I get out and offer my services to other people.

Previous jobs have been PA (more than once!), Receptionist at Corporate Headquarters, owned my own fashion shop and Assistant Manageress for a high-end ladies fashion retailer. Just a few of my talents. Now I am thinking of setting up my own cleaning business. A seemingly stark contrast from the previous more glamorous jobs.

With my mind made up the question was what to do next? A flyer was produced and delivered locally. Feedback came from just one customer which turned out to be unsatisfactory. This is a plus point when working for yourself as you can pick and choose who you want to work for. Plan B was speaking to friends at the gym. That was it. The opening I needed. One contact led to another.

I started by working 5 days a week but have now squeezed my clients into 4 days due to Tangent commitments. I still have ‘me’ time which is the gym in the morning then cleaning between 2 and 4 hours in the afternoons.

I am now in my third year and still enjoy keeping my clients’ homes looking lovely. I have been very lucky with the success of the job. I have not had to advertise as all my clients have been by word of mouth. I even have a waiting list. I worried about starting up just as the economic downturn was beginning to set in. However this has been to my advantage. Most people are working longer hours with only the week-ends for pleasure time. A cleaner seemed the answer to alleviate the week-end washing, cleaning and ironing. Yes I do do ironing as well. Because most of my clients are working full time I am usually in the houses on my own. When I leave the premises I always send an e-mail or write in the comments book letting them know what jobs I have done. This system seems to work very well. It is a good way of communicating without having to meet with each other.

Hazard! There have been a few. Powerful toilet cleaner splashed back into my eye leaving me unable to see for a couple of days. It was tricky cleaning with just the use of one eye. I have been locked out of houses twice. Leaving both back and front doors open at the same time does not work. I have climbed over neighbours fences straddling on the top thinking how am I going to get down. I have also climbed onto wheeley bins to get over gates. Lessons have been learnt! One property I cleaned was situated way out in the country. They had a very friendly cat who kept leaving me presents of dead mice and birds. This is the only time I refused to clean up mess in the house. After all dead animals of any kind are not in my job description!

I provide all my own products, cloths, mop, bucket and vacuum cleaner. I prefer this as I find it easier to have my own kit to hand rather than rummaging through other peoples cupboards.

Of course every home is different and this is what makes the job interesting. I would say my favourite job is on a Tuesday when I clean the house then walk the owners black labrador. We always go to the beach which is fabulous whatever the weather.

I have been asked whether I want to expand and set up my own company. The answer is ‘no’. I clean to a very high standard and if I start employing people I would worry that the standards were not to my liking. The work is hard but at the same time very rewarding.

There will come a day when I will stop being a charlady but at present is suits me and my lifestyle. Of course the only home that doesn’t get cleaned is my own. Having cleaned all week the last thing I want to do is get the hoover out again! Anyone know of a good cleaner?

Sue Marlow

WALTHAM ABBEY & CHERSHUNT TANGENT 742

Waltham Abbey and Cheshunt Tangent have been collecting bras to donate to BreastTalk Bra Appeal. Tangent members sorted out their unwanted bras and brought them along to the October meeting. We will be packaging up the bras to send off to BreastTalk, who will donate the money that they raise to the Breast Cancer Campaign. We have been taking photos at our meetings to record what we have been up to throughout the year and there was much merriment as we posed for this photo. It will certainly be a meeting that we all remember.

HAMPSHIRE TANGENT GOLF DAY

The Annual Hampshire Tangent Golf day took place on Tuesday 4th October 2011. The event was the idea of Marianne Ockenden and Ann Judd in 1988 and is still going strong today.

We were very pleased this year to welcome several players from Christchurch Tangent from just over the border in Dorset.

The competition was held at Cams Hall Estate Golf Club, Fareham and organised by Fareham Tangent member Sylvia Pagliaro who was last year’s winner.

All enjoyed 18 holes of golf followed by a two course meal.

Nearest the pin was won by Anne Bates, in third place was Susan Rushbrook, second was Nikki Penfold and the winner was Elke Jackson from Basingstoke Tangent who will be the organisers of the event in 2012. The presentations were made by National Vice President Sue Marlow.

MEMBERSHIP MATTERS!

Three quarters of the way through the Tangent year the membership news is good. Yes we have had disaffiliations, but they are few. It is always sad when we hear of clubs disaffiliating but very often understand the reasons why. The members aren’t always lost to us as they are in some cases members of other clubs. The good news is we have also had affiliations to balance the loss.

So far I have received 63 membership enquiries from individuals with ages ranging from 45 upwards. Most of these have been passed to me via Ladies Circle Membership officer, Josie Blackburn and also via Round Table and Marchesi House. My thanks to everyone who has been part of this process.

Just as importantly I would like to thank all the club contacts who have spoken to club Chairmen and in turn their members who have made it possible to place these ladies in Tangent clubs. I hope you have a successful time together.

There are still 3 months to go before the National AGM in Jersey and I sincerely hope I will be able to bring more good news about membership.

Do you know a group of Past Circlers and their friends who might form a new Tangent? If so please contact me.

Gill Preston, IPP, Membership, IRO 2011-2012

WELCOME TO FANGENT66 TANGENT 924 AND MAYFORD TANGENT 925

A big welcome to the members of Fangent66 Tangent 924 and to Mayford Tangent 925, near Woking who have recently chartered. We look forward to meeting you at events over the coming months.
microFICTION Competition

This is your chance to enter the first ever Tangent microFICTION Competition. Your challenge is to create a miniature work of fiction using no more than 36 words, the last three of which should be:

‘FRIENDSHIP NEVER ENDS.’

Please send your entries to editor@tangent-clubs.org

They will be shown on the website and at the NAGM and the winner will be chosen by members attending the National Conference in Jersey. The closing date is 16 April

Let your imagination run wild, get creative and let’s see your mini-masterpiece!

In My Next Life

---

In this life I'm a woman. In my next life I'd like to come back as a bear. When you're a bear you get to hibernate. You do nothing but sleep for six months. I could deal with that.

Before you hibernate, you're supposed to eat yourself stupid. I could deal with that. When you're a girl bear, you birth your children (who are the size of walnuts) while you're sleeping and wake to partially grown cute, cuddly cubs. ... If you're a bear your mate expects you to wake up growling. He expects that you will have hairy legs and excess body fat.

Yup, gonna be a bear!!

I NEED YOUR HELP! I'm STILL trying to find out which IKEA sells this mirror!!!

It all began with an iPhone...

March was when our son celebrated his 17th birthday and we got him an iPhone. He just loved it. Who wouldn't?

Our daughter's birthday was in August, so we got her an iPod Touch.

My wife celebrated her birthday in September, so I got her an iRon.

It was around then that the fight started... What my wife failed to recognise is that the iRon can be integrated into the home network with the iWash, iCook and iClean. This inevitably activates the iNag reminder service.

PS: iHurt!!!!

Sudoku

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Cryptic Countryside Crossword

Across
2) Storytelling and murder are perfectly normal these birds (5)
4) The route to open nine wayward paths (7,3)
9) Wordsworth saw a lot of these (9)
10) male party insect (4,6)
12) Spring's early messenger falls from the sky (8)

Down
1) Cancel my order for a plant (8)
3) Replaced the old woods (3,3,6)
5) Incorrectly garbed carnivore! The answer is plainly black & white (6)
6) Andrew Strauss will own part of this tree (6)
7) Not a stable bull! (7)
8) The essence of mother's ruin (7)
11) A bird worth one farthing (4)

Where In The World

Austria, Belgium, Croatia, Denmark, England, Estonia, Finland, France, Germany, Greece, Holland, Ireland, Italy, Latvia, Lithuania, Norway, Portugal, Scotland, Spain, Sweden, Switzerland, Wales
Where has the year gone? It does not seem that long ago I took office in Ipswich and now we are busy preparing for the next AGM in Jersey and handing over to our successors. The time has gone very quickly, but it has been extremely enjoyable and very busy – I have enjoyed every moment of it!

At the beginning of the year, all four Presidents continued with the commitments made by previous Presidents to work together for the benefit of the Round Table Family. We regularly meet at Marchesi House and we have been lucky enough to attend a number of meetings together, notably the Dedication of the 41 Club Garden at the National Arboretum in Lichfield, Remembrance Sunday at the Cenotaph in London and helping to celebrate 75 Years of Ladies Circle at their Presidential Ball in Birmingham.

I have also had the pleasure of joining two Tangent Regional Lunches this year; one in Scotland and one in Southend-on-Sea. I thoroughly enjoyed both events and I thank you for making me feel so very welcome. It was good to be able to see at first hand the fun and friendships you all enjoy and if you have not yet had the opportunity to attend a Regional Lunch, I can thoroughly recommend them to you.

On a personal note, it has been a pleasure and an honour to work side by side with your President Jan and the members of her National Executive and I look forward to welcoming you all to the National Conference in Jersey – it promises to be a great party!

May I also take this opportunity to wish Sue and the members of her new Executive all the best for next year.

Best wishes to you all. Yours in Continued Friendship.

Hello

Whoop whoop, Ladies Circle is a hit!

You know that, I know that, but due to our NEW national website, it would appear lots of other young women out there now know that too – RESULT! The new website has trebled the number of new member enquiries coming through. Please go and take a look. www.ladiescircle.co.uk

I’m really excited that local circles are also taking up my PR challenge and are adding content to their shiny new local websites and trying their hardest to get in the local press.

‘Party for Parkinson’s’ is also gaining memento. I’m asking every Circle to have a party during ‘Parkinson’s Awareness Week’, commencing 16th April. If we can get nationwide involvement we can get nationwide publicity AND add more pounds to the final total for my presidential charity this year. It sounds like a winning formula to me.

Media, media, media is my mantra, it always has been. The biggest battle for Circle is that girls are out there, wanting to be part of something special, wanting to make new friends, wanting to give something back, BUT they just don’t know we exist…… YET!

Could it be we will actually become a household name? Well Rome wasn’t built in a day but I’m very happy to assist in sorting out the foundations!

I Love Ladies Circle! Vicx
PASSING FRIENDS

Barbara Carter
Fleet Tangent 326

Gill Pritchard
Marlow Tangent 205

Mary McDowell
First in Ireland Tangent 140

Jean Claris
Minehead Tangent 216

Jean Rees
Tettenhall Tangent Club 332

Jeanne Barker
Market Harborough 224

Anne Dawson
Longton Tangent 585

Gladys Bundock
Loughton Tangent 361

Mary Spraggon
Aylesbury 481

Catherine Bailey
Oakengates Tangent 567

Ruth Redmore
Bideford Tangent 600

Ingrid Cooper
Todmorden Tangent 244

Margaret Breakwell
Aldridge Tangent 586

Peggy Hawker
Northampton Nene Tangent 519

Judy Bates
Penkridge & District 738

Shirley Cartwright
High Wycombe 170

Jeanne Sims
Southport 210

Jan Gorst
Northwich 426

REGARDING OBITUARIES...Did you know that we record the names of members who have recently died in the magazine, but you can have a longer item on the website? Here you can celebrate their life, tell other Tangent members about their achievements and have pictures included if you wish. Please send anything you would like included to editor@tangent-clubs.org and they will be published in both places.
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